

SAMPLE MENU

week 1

date	date	date	date	date	date	date
SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:
Hot or Cold cereal Biscuits & Gravy Orange wedges	Scramble egg French toast Bacon	Hot or Cold cereal Plain omelet Toast	Hot or Cold cereal Biscuits & Gravy Orange wedges	Hot or Cold cereal Egg patty Sausage patty English muffin	Hot or Cold cereal Scramble egg Bacon Cinnamon roll	Hot or Cold cereal Breakfast casserole Toast
Lunch:	Lunch:	Lunch:	Lunch:	Lunch:	Lunch:	Lunch:
Chicken w/ broccoli & cheddar cheese White rice Spinach Bread Frosted spice cake	Pork tenderloin Sweet potato Calif. Blend veg. Dinner roll Apple pie	Chunky Veg. soup Chef's salad Breadstick Lemon poppy seed cake	Spaghetti w/ meat sauce Green beans Garlic toast Tossed Salad Choc. Butterscotch bar	Oven fried chicken French fries Cole slaw Dinner roll Cherry tart	Pork chop Baked potato Carrots Bread Sour cream orange cake	Salisbury Steak Mash potato w/gravy Asparagus Dinner roll Strawberry Pretzel squares
Dinner:	Dinner:	Dinner:	Dinner:	Dinner:	Dinner:	Dinner:
Macaroni & cheese Stewed tomatoes Tossed salad Melon Cookie	Chili dog Tater tots Marinated Cucumbers Cookie Melon	Dutch chicken Red potatoes Capri veg. blend Dinner roll Grapes	BBQ pork sandwich Tater tots Peas Pineapple dream	Wisconsin cheese soup Ham sandwich lettuce/tom/onion Pickled beets Fruit cup	Turkey club Potato chips Tossed Salad Peaches	Tomato soup Grilled cheese sandwich Mixed melon salad

Offered Daily For Lunch & Dinner Alternates

Let Kitchen know by 9:30am for Lunch and 2:30 for Dinner so that we have time to prepare

Hamburger or Cheeseburger
Grilled Cheese Sandwich
Peanut butter & Jelly Sandwich
Cold meat Sandwich (turkey or ham)

Chef salad (turkey,ham,tomato,egg,cheese)
Tossed Salad (cheese,tomato)
Baked Potato (cheese,sour cream,butter)

Chicken Noodle soup
Tomato soup
Vegetable soup

Applesauce
Cottage cheese
Jell-O

Available juices: Orange, Apple, Cranberry, Grape, Prune

Also available: Iced Tea, Hot tea, Lemonade, Coffee, Hot Cocoa

MENU SUBJECT TO CHANGE